



# the **BEATING HEART**

Sts'ailes Community Newsletter

• May 2024

• [stsailles.com](https://stsailles.com)

**Xwilexmet**

**5084 Sachem Rd.**

**Thank You  
Security, Best  
Wishes!**

The Security Service has ended, it is now up to all of us to be neighborly and mindful of the overall wellness of everyone.

If you have questions or concerns, please address them with the Justice Coordinator, Darla Rasmussen.

[Darla.rasmussen@stsailles.com](mailto:Darla.rasmussen@stsailles.com)



**XWILÉXMET**  
we are the land

**WHAT IS ELDER ABUSE? WHAT DOES IT LOOK LIKE?**

Elder Abuse is any action that causes harm, physically, mentally, emotionally, financially, or sexually against an older adult. It can also include neglect or abandonment of caregiving responsibilities and healthcare fraud.

**Elder Abuse can look like:**

- Physically harming an elders body and leaving bruises or instilling fear with physical actions like pushing, punching or restraining
- Yelling or giving silent treatment to have power or control
- Interfering with decision making or speaking on an elders behalf
- Making threats, insults or humiliation to mentally or emotionally hurt an elderly person
- Stealing or taking personal property without their knowing or permission and selling it for money for yourself or using it for yourself and not returning it
- Moving into their home without permission and not contributing to the responsibilities of the home (food, bills, maintenance, cleaning or taking care of your children)
- Taking their bank card, using their bank account, manipulating them into giving you money or changing legal documents or forging their signature for financial gain
- Taking their vehicle keys and using it when you want or having an expectation to use it
- Occupying their home for your friends, gatherings, or parties without asking permission

**Warning signs of Elder Abuse:**

- Bedsores from neglect or bruises from physical harm

- Unattended medical care (appointments, prescriptions, or equipment)
- Poor hygiene and unclean clothes
- Loss of weight
- Not hungry from stress or anxiety or always hungry from starvation
- Giving money away, transferring assets, unusual spending, checks being written for cash or unexplained missing items or money
- Excessive fear or nervousness, agitation or personality change, depression, withdrawal or refusal to engage or speak with others

If you or anyone you know is being mistreated, or if your mistreatment is not listed but you know it doesn't feel right, there is help for you.

Please contact any Sts'ailes staff member and let them know you are experiencing elder abuse, and they will connect you to a service that can assist you.

**Sts'ailes Departments Phone Directory:**

- Yeqwethet: 604-796-9601
- Aylexw Building: 604-796-3078
- Snowoyelh House: 604-796-1282
- Justice: 604-798-5861

**Other resources you can call:**

- Seniors Abuse and Information Line (SAIL): Toll free: 1-866-437-1940 or Lower Mainland: 604-437-1940, 8am-8pm daily, except holidays.
- Seniors' Resource Services Agassiz Harrison Community Services: 7086 Cheam Ave, Agassiz, 604-796-2585
- Agassiz RCMP: 604-796-2211



Elder Abuse is not tolerated in Sts'ailes and does not align with the overall safety, health, and wellbeing for a quality of communal living for all who live, work, and play in Sts'ailes. Anyone reported or witnessed participating in Elder Abuse will be addressed accordingly. Lets' work together to prevent harm against our elders, be part of creating a better community for future generations.

**WARNING!!!!**

There is a **ZERO TOLERANCE FOR ILLICIT DRUG USE AND ILLICIT DRUG SELLING** in the Sts'ailes community.

**ANY** individuals seen, heard of/reported, or observed, using, selling, or supporting the use of **ILLICIT DRUGS** in the community could be:

1. Asked to leave the Community and stand before council before returning.
2. Be evicted or lose rights to future tenancy or ownership of a home.
3. Lose employment or lose consideration for employment.
4. Be **BANISHED** from Sts'ailes.
5. Put family members at risk of any of the above noted.

The Justice department has received several reports of community members who are either using, selling, or enabling the use and selling of illicit drugs in the community.

These complaints are brought to Chief and Council and the Security Team as well as, in more serious events, the Indigenous Policing Service and RCMP.



**PROBATION** will be in community **JUNE 19TH 10AM TO 12PM**. If anyone would like to meet with probation they can contact the Justice Coordinator, [Darla.Rasmussen@stsailles.com](mailto:Darla.Rasmussen@stsailles.com) or [Andrew.zaghloul@gov.bc.ca](mailto:Andrew.zaghloul@gov.bc.ca) to make arrangements to meet at the Sachem Office or have a home visit.

It is the goal of leadership to inform community members **Illicit Drugs are NOT supported**. Extra measures will be taken to prevent theft, overdose and destruction of homes and property.

By doing this, the community is being held accountable to assist with the overall health, safety and wellbeing of fellow community members including our children, elders, and vulnerable members.

Council calls on you to report **ANY ILLICIT DRUG USE OR SELLING** so we can put an end to illicit drug related violence, harm, and overdoses in your community.

Council also calls on you to reach out to the Justice, Addiction and Mental Health services that are offered in community, free of charge and non-judgemental, to assist yourself or family members who need addiction support.

Thank you for your contribution to ensuring communal living is a safe and healthy experience for everyone, from the youngest to the oldest.

**MEN'S RESPECTFUL RELATIONSHIPS PROGRAM**

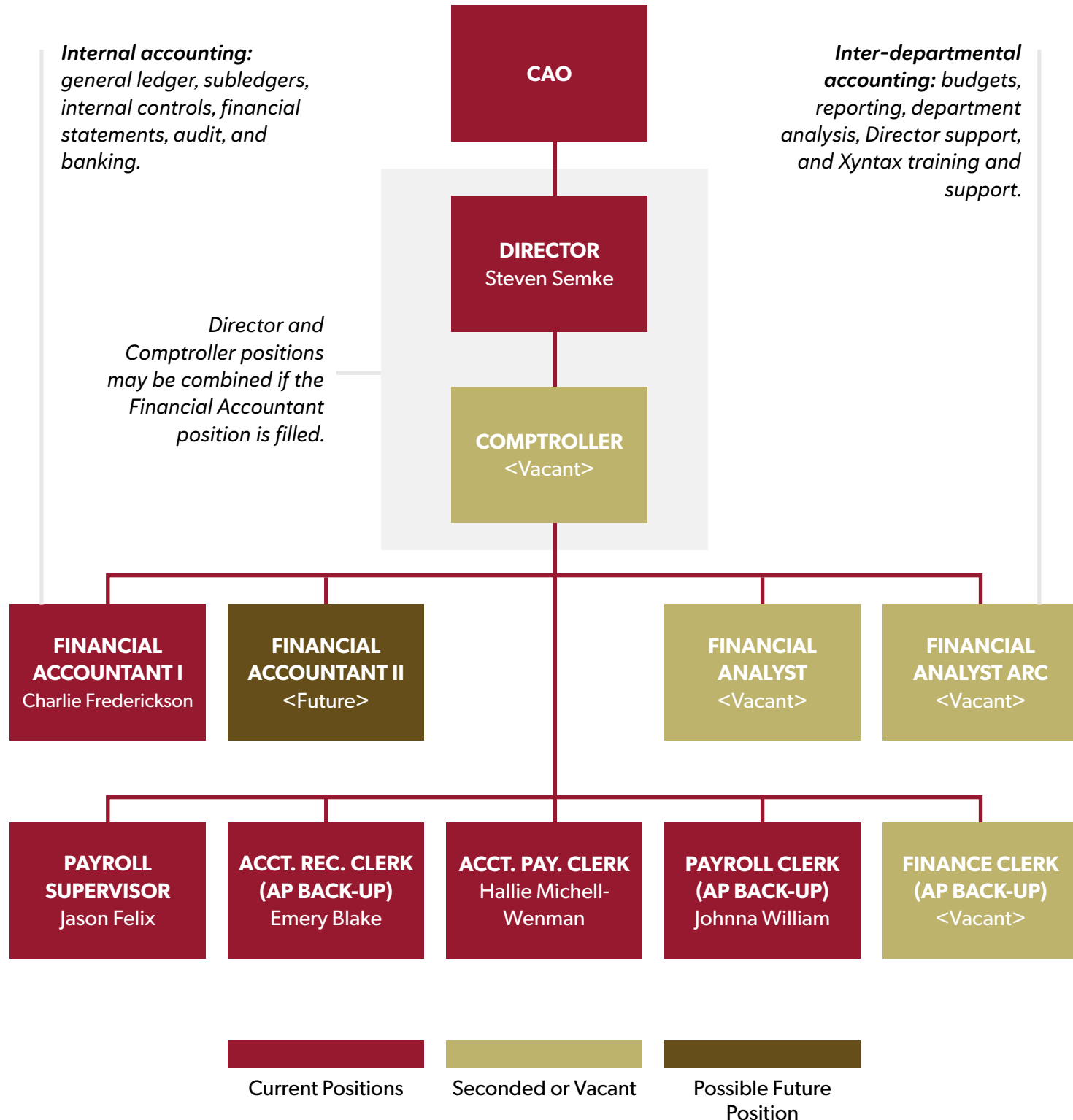
If you have had contact with Justice, it is recommended you participate in the **MEN'S RESPECTFUL RELATIONSHIPS PROGRAM** hosted by Qwi:Qwelstom on **TUESDAYS** in Sts'ailes **MAY 7TH** to **JULY 9TH** FROM **12PM-2:30PM** at the Telmexw Awtext Treatment Centre. Lunch is provided. Conclusion of this program you will partake in the Graduation Ceremony and receive a certificate of completion. Register with Heather Walker: 604-798-3328.





# AXWESTES TE TALE'AWT

## FINANCE STAFF ORGANIZATIONAL CHART & DUTY SUMMARY



POSITION	NAME	DUTY OVERVIEW
Director	<b>Steven Semke</b> 604-796-2116 x227	*Overall department responsibility *Financial policy *Contract negotiations and external liaison
Comptroller	<b>&lt;Vacant&gt;</b> Currently performed by Steven	*Financial statements, budgets, financial reporting *Finance staffing, systems, ledgers, and controls *Cash management
Financial Accountant II	<b>&lt;Future&gt;</b> Currently performed by Steven and Charlie	*Internal accounting functions *General ledger management *Sub-ledger management
Financial Accountant I	<b>Charlie Frederickson</b> 604-796-2116 x236	*Internal accounting functions *General ledger management *Sub-ledger management
Financial Analyst	<b>&lt;Vacant&gt;</b> Currently performed by Steven and Charlie	*Department financial support
Financial Analyst ARC	<b>&lt;Vacant&gt;</b>	*ARC program financial administration *Health, Telmexw, and Eya'meth financial support
Payroll Supervisor	<b>Jason Felix</b> 604-796-2116 x237	*Payroll (PR): timesheets, payments, policy *Benefits and pension administration *Compliance: T4's, CRA, WCB
Accounts Receivable Clerk	<b>Emery Blake</b> (formerly Turia Smith- McClean) 604-796-2116 x252	*Accounts Receivable (AR): funding coding, receipts *Customer management: statements, collections *Receive cash payments *E-transfer receipts *Vehicle mileage entry *AP backup
Accounts Payable Clerk	<b>Hallie Michell-Wenman</b> 604-796-2116 x267	*Accounts Payable (AP) *Vendor management: creating vendors, corrections *AP Cheque runs
Payroll Clerk	<b>Johnna William</b> 604-796-2116 x277	*Payroll support *Benefit and pension support *Credit card administration *Electronic payments
Finance Clerk	<b>&lt;Vacant&gt;</b> Currently performed by Johnna and Emery	*Accounts Payable (AP) support *AP Cheque requisition processing and payments *Filing



ON BEHALF OF STS' AILES, WE WOULD LIKE TO THANK ALL THOSE WHO ATTENDED OUR ANNUAL YOUTH SOCCER TOURNAMENT THIS YEAR. WE WOULD ALSO LIKE TO THANK THE VOLUNTEERS FOR YOUR DEDICATION EVERY YEAR! WE RAISE OUR HANDS IN RESPECT! O SIYAM!







QWÍ:QWÉLSTÓM

# MEN'S RESPECTFUL RELATIONSHIPS

TUESDAYS IN STS'AILES

MAY 7TH-JULY 9TH 2024

TIME: 12:00 PM-2:30 PM

Lunch provided

Respectful Relationships is a 10 week Men's program. It offers information on how behavior affects our relationships.

Gain skills to communicate as our Elders would say "In a good way"

- Respect
- Honour
- Connection

Graduation Ceremony with Certificate

TO REGISTER CALL: HEATHER WALKER (604) 798-3328



Check out this video on YouTube about the Sts'ailes Forest Gardens!

WATCH HERE >>

JOIN US FOR SIT, STAND, & STRENGTHEN!

WEDNESDAYS @ 10:30 am in the Elder's Lodge. Contact Claudette Leon, CHR for transportation (604) 796-9601.



## May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Women's Group Wellness Wednesday	2 Day Program	3	4 Sts'ailes Youth Soccer Tournament
5 Sts'ailes Youth Soccer Tournament	6	7 12 Step Men's Respectful Relationships	8 All My Relations Peers Healing Nations	9 Day Program	10 Feminine Energy Sweat Lodge	11
12	13 Willows Land Based Healing	14 12 Step Men's Respectful Relationships	15 Medicine Wheel Garden	16 Day Program	17 Masculine Energy Sweat Lodge	18
19	20 CLOSED VICTORIA DAY	21 12 Step Men's Respectful Relationships	22 Medicine Wheel Garden	23 Day Program	24 Co-Ed Sweat Lodge	25
26	27 Garden Day NVIT training all week	28 12 Step Men's Respectful Relationships	29 Women's Group Wellness Wednesday	30 Day Program	31 Garden Day	

**Telmexw Awtexw Healing Centre**

for more info on these programs, please email: [telmexwawtexw@stsailles.com](mailto:telmexwawtexw@stsailles.com) or phone/text 604-997-2849

### Aylexw Calendar

May 2024

SUN DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATUR DAY
			1 S.P.A.R.K Aylexw House 3:00-4:30 Community Garden 3-6 4690 Salish Way Agassiz, B.C V0M 1A1 PHONE: 604-491-0021 EMAIL: <a href="mailto:annette.francis@stsailles.com">annette.francis@stsailles.com</a> <a href="mailto:jeremy.dool@stsailles.com">jeremy.dool@stsailles.com</a> <a href="mailto:dawn.charlie@stsailles.com">dawn.charlie@stsailles.com</a> Facebook- Sts'ailes Yeqwethet & Snowoyelh Services	2 Harvesting 9-4 Sts'ailes RunWalk 1.0	3	4
5	6 All Programs Closed	7 J.O.Y Outing Sts'ailes RunWalk 1.0 Meal Prep 4:30-6:00	8 S.P.A.R.K Aylexw House 3:00-4:30 Community Garden 3-6	9 Harvesting 9-4 Sts'ailes RunWalk 1.0	10 Someone So Small House 11-1	11
12	13 Sts'ailes RunWalk 1.0 Crafters Corner 5-8	14 OPEN HOUSE Sts'ailes RunWalk 1.0	15 S.P.A.R.K Aylexw House 3:00-4:30 Gardening 102 3-6	16 Harvesting 9-4 Sts'ailes RunWalk 1.0	17 Youth & Elder Outing	18
19	20 Closed For Victoria Day	21 J.O.Y Brunch Sts'ailes RunWalk 1.0 Meal Prep 4:30-6:00	22 S.P.A.R.K Aylexw House 3:00-4:30 Teen Meeting 4:30-5:30 Community Garden 3-6	23 Harvesting 9-4 Sts'ailes Run Walk 1.0	24 Young Adult Outing	25
26	27 Sts'ailes RunWalk 1.0 Teen Craft Night 5:00-7:30	28 Sts'ailes RunWalk 1.0 Meal Prep 4:30-6:00 Young Adult Night 6-8	29 Community Garden Family Night	30 Harvesting 9-4 Sts'ailes Run Walk 1.0	31 Someone So Small Outing 10-2	



# Sts'ailes Community

Upcoming  
Happenings!

## School

# MAY

and Lots of  
Field Trips!

**1** UFV Dental Visit

**6** Panorama Picture

**15** Naming Ceremony  
8:45-12  
**EVERYONE WELCOME!**

@1:00 **SPRING GALA!**  
Everyone Welcome!

**16** Pro D Day

**20** Stat/No School

**8** & **29** Fine Arts

Dr. N. Ahmed

External  
**EYE  
CLINIC**



Call or email to book  
your appointment with  
Domanic or Rica @  
**604-796-9601**

Monday & Tuesday  
**June 24TH & 25TH,**

**2024**  
**@Sts'ailes**  
**YEQWETHET**



email: rica.paul@stsailles.com

domanic.charliefrancis@stsailles.com



Community  
Futures Sto:lo

Sto:lo  
Community  
Futures  
has a new online  
booking system.

#### Our Services

- Business Support
- Business Training
- Business Aftercare



BOOK NOW

SCAN HERE

**604-858-0009**

www.stolocf.ca



**STS'AILES ADULT TOURNAMENT  
MEN & WOMEN**

**JUNE 1 & 2**

### LOOKING FOR WORK?

Hello Sts'ailes Community!  
My name is Karen Henry and  
I am opening a cafe next  
month in Harrison and I am  
looking to hire staff.

No experience necessary!  
I am just looking for those  
who are reliable and wanting  
to work.

I am hiring servers, someone  
to help cook & prepare food  
and possibly someone in the  
craft area.

It will be Part-Time to start at  
\$18/hr.

Please email me at  
karenscafeandgifts@gmail.com  
or call me @ 778-990-0332.

Openings are for all ages,  
older people looking for a  
little more income in stress  
free environment are more  
than welcome or moms  
wanting a few hours a week  
while kids are in school etc.

If you require any more  
information please do not  
hesitate to contact me.

Thank you,  
Karen Henry

### FOR MORE INFORMATION CONTACT

**Margaret Charlie**

T: 604.845.5737

E: Margaret.Charlie@stsailles.com